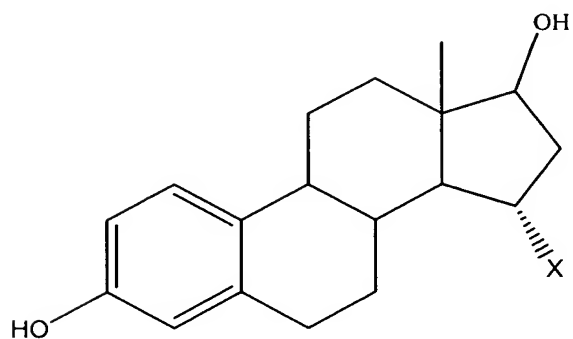


Claims:

1. A compound according to the structure:

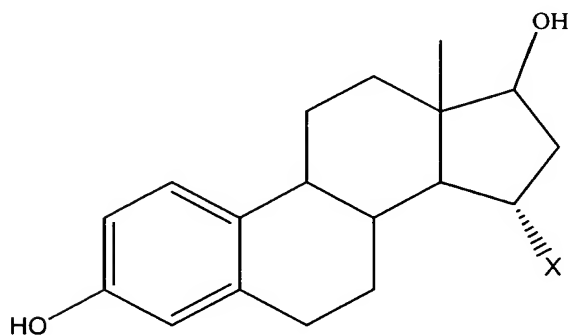


where X is $(\text{CH}_2)_m\text{COR}$

R is H, a C_1 to C_5 alkyl group optionally substituted with at least one halogen group, and m is from 0-5, and pharmaceutically acceptable salts, solvates or polymorphs thereof.

2. The compound according to claim 1 wherein R is a C_1 to C_5 alkyl group optionally substituted with at least one halogen group and m is from 0-2.
3. The compound according to claim 1 wherein R is methyl, ethyl, propyl, iso-propyl, butyl, iso-butyl, pentyl, neo-pentyl or $\text{CH}_2\text{CH}_2\text{F}$; and m is 0.
4. The compound according to claim 3 wherein m is 0 and R is methyl, ethyl or $\text{CH}_2\text{CH}_2\text{F}$.
5. The compound according to claim 4 wherein R is methyl.
6. The compound according to claim 4 wherein R is ethyl.
7. The compound according to claim 4 wherein R is $\text{CH}_2\text{CH}_2\text{F}$.
8. The compound according to claim 1 wherein R is CH_2CHF_2 .

9. The compound according to claim 1 wherein R is CH_2CF_3 .
10. A compound according to claim 1, wherein R is a C_1 to C_5 alkyl, which may be unsubstituted or substituted with at least one F group.
11. The compound according to claim 9 wherein 10 is methyl, ethyl or $\text{CH}_2\text{CH}_2\text{F}$.
12. A pharmaceutical composition comprising an effective amount of a compound for alleviating the symptomology of menopause in a patient, said compound having the structure:

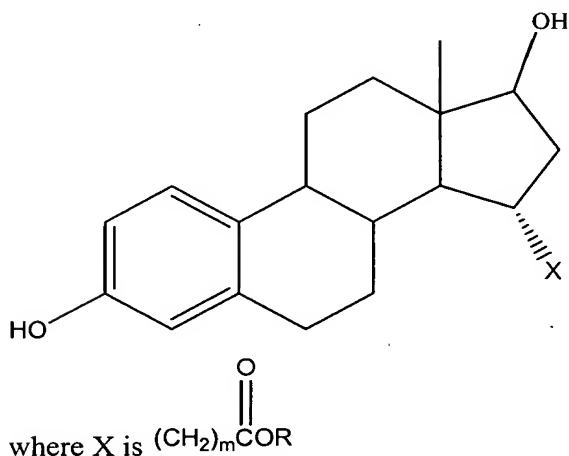


where X is $(\text{CH}_2)_m\text{COR}$

R is a C_1 to C_5 alkyl group, optionally substituted with at least one halogen group; and m is from 0-5, optionally in combination with a pharmaceutically acceptable carrier, excipient or additive.

13. The composition according to claim 12 wherein R is a C_1 to C_5 alkyl group optionally substituted with at least fluorine group; and m is from 0-2.
14. The composition according to claim 12 wherein R is methyl, ethyl, propyl, iso-propyl, butyl, iso-butyl, pentyl, neo-pentyl, $\text{CH}_2\text{CH}_2\text{F}$ or CH_2CF_3 and m is 0.
15. The composition according to claim 14 wherein m is 0 and R is methyl, ethyl or $\text{CH}_2\text{CH}_2\text{F}$.

16. The composition according to claim 14 wherein R is methyl.
17. The composition according to claim 14 wherein R is ethyl.
18. The composition according to claim 14 wherein R is $\text{CH}_2\text{CH}_2\text{F}$.
19. The composition according to claim 12 in topical dosage form.
20. The composition according to claim 12 formulated as a vaginal cream, gel, lotion or suppository.
21. A method for alleviating the symptoms of menopause, comprising administering to a patient in need of therapy a pharmaceutical composition comprising an effective amount of a compound according to the structure:



R is a C_1 to C_5 alkyl group, optionally substituted with at least one halogen group,
 and m is from 0-5, optionally in combination with a pharmaceutically acceptable carrier,
 excipient or additive.

22. The method according to claim 21 wherein R is a C_1 to C_5 alkyl group or a $\text{CH}_2\text{CH}_2\text{F}$ group; and m is from 0-2.

23. The method according to claim 21 wherein said symptom of menopause is selected from the group consisting of bone loss associated with osteoporosis and vaginal dyspareunia.
24. The method according to claim 21 wherein said symptom of menopause is vaginal dyspareunia and said composition is administered to the patient's vaginal membranes.
25. The method according to claim 22 wherein R is methyl.
26. The method according to claim 22 wherein R is ethyl.
27. The method according to claim 22 wherein R is $\text{CH}_2\text{CH}_2\text{F}$.
28. The method according to claim 22 wherein R is CH_2CHF_2 .
29. The method according to claim 22 wherein R is CH_2CF_3 .
30. The method according to claim 24 wherein said composition is administered as a vaginal cream, gel, lotion or suppository.
31. The method according to claim 21 wherein said composition is administered within the patient's body from an implant.
32. The method according to claim 21 wherein said symptom of menopause is bone loss associated with osteoporosis and said composition is administered within the patient's body from an implant.